

 	<b>Allegato</b>  <b>C -UREA BREATH TEST for the DETECTION of HELICOBACTER PYLORI</b>	<b>All-SDF.LAB03.56</b> <hr/> <b>Pagina 1 di 1</b> <hr/> <b>Aggiornato il: 05/07/2024</b>
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## **INSTRUCTIONS FOR THE PATIENT**

The "Helicobacter Pylori Breath Test" is a diagnostic test that is carried out by analysing samples of exhaled air. The breath samples are collected before and 30 minutes after the ingestion of <sup>13</sup>C-Urea in a liquid form.

### **PREPARATION METHOD**

To prevent a false negative result:

- Do not take any *antibiotics* or *bismuth preparations* for 4 weeks before the test.
- If you are taking *gastroprotective* drugs, please stop taking them for 2 weeks prior to your appointment.

Do not eat or drink anything (including water) for 6 hours before the procedure.

You should abstain from drinking alcohol, coffee or smoke during the previous 24 hours from the time of the test.

**NOTE:** *During the stress test, you'll need to avoid food, drink, tobacco, and caffeine.*

This test is safe to use on pregnant or lactating women and children.

<sup>13</sup>C-Urea is a natural, harmless, stable and non-radioactive isotope.